



TODAY
Family Violence
Help Centre

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www.thetodaycentre.ca

April 16, 2018

Dwight Lester
c/o Suite 220 11717 42 Street
Edmonton, AB T5W 4V8

THANK YOU FOR CHOOSING US AS YOUR CHARITY OF CHOICE!

Dear Mr. Lester,

On behalf of individuals and families who seek our assistance, we would like to extend our deepest thanks and appreciation to 100 Men YEG for choosing to give so generously to the Today Family Violence Help Centre.

The Today Family Violence Help Centre offers a safe place for those impacted by family violence to access free, confidential and immediate support. Non-judgmental, emotional and practical support is provided to anyone, regardless of situation, gender, sexual orientation, ethnicity or culture. To improve the safety and well-being of women and men and their children, our staff complete risk assessments, complete safety planning, provide psycho-social education, and provide facilitated referrals to community agencies and partners that will support individuals and families to break the cycle of violence. Our model allows clients to seamlessly access a variety of supports as they attempt to navigate what they often see as a dispersed and complex system.

In 2017, we helped 357 individuals impacted by family violence; 222 individuals had 442 children under the age of 18. Some families choose to stay together, some think about leaving and others may have already fled. In any situation, safety for themselves and their children is paramount. Often, there can be barriers to safety and when unaddressed, individuals are at risk. The Today Centre is reducing these barriers to ensure women, men and children have the support they need to keep safe. With money from 100 Men YEG, we have invested in our *Lives on the Line Emergency Cell Phone* program, which provides cell phones and airtime to high risk victims who often have no other means of communication. *Lives on the Line* provides a way for individuals to get help if they are in danger of assaults, harassment or stalking. Additionally, 100Men YEG is helping to provide emergency gift cards for individuals to meet their basic needs, or to flee to safety. Often times, without these needs being met, individuals remain in, or return to, unsafe situations. In any circumstance we encounter where there is a barrier to safety, 100 Men YEG is providing the means necessary to ensure the barrier is removed and individuals impacted by family violence are safe.

Thank you again for your generosity and contribution to ensure "there is help" for victims of family violence. With your support, we know that positive change is possible TODAY!

If you have any questions or would like more information about giving opportunities, or if you'd like to keep in touch with the Today Centre through our newsletter, please contact Cindy Furlong, Executive Director at 780.455.6880 or by email at cindy.furlong@thetodaycentre.ca.

Warm regards,

Cindy Furlong
Executive Director